

2023 ANNUAL REPORT

KNEEHILL COMMUNITY SUPPORT COACH



Leadership Programs

- Kindness Captains
- L.I.F.T.
- Business Builders

Art Programs

- Art Clubs
- Flex Fridays
- Summer Camps

Additional Child Programs

- Mighty Kids Club
- Kids Fun Fest
- STEM Friday

Teen Programs

- Youth Skill Zone
- Teen Nights



Offered **64** and facilitated **42** evidence-based preventive education programs and activities for children and youth:

- **157** sessions facilitated
- **82%** program attendance rate
- **450.75** hours facilitating programs
- **589.75** hours planning programs



Promoted social and emotional well-being for children and youth:

- **197** unique participants
- **64** participated in multiple programs
- **24** are homeschooled



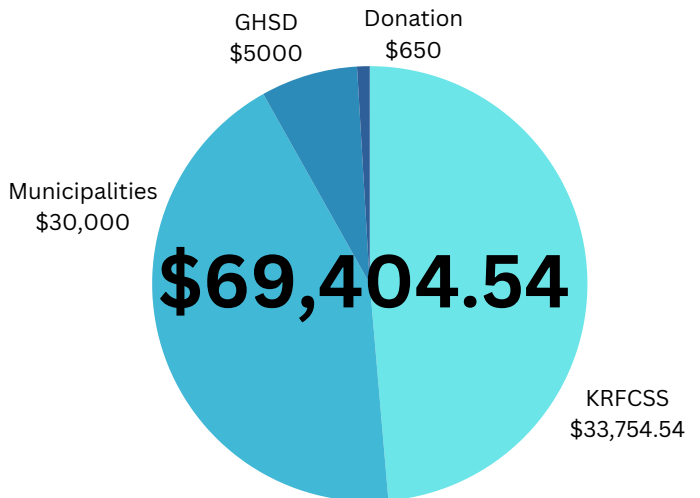
Collaborated with the Family Wellness Workers to identify areas of need in communities, advertising, and to refer students to attend programs



Served the communities of Three Hills, Trochu, Carbon, Acme, Linden and KneeHill County.

Financial Overview

January - December 2023



Participant Outcomes

Self-Esteem

94%

Reported the program helped them understand it is okay to be themselves (117/125)

Resilience

91%

Reported the program helped them to feel good about themselves more often (99/109)

93%

Participants reported they are more willing to try again if something they do does not work (107/115)

Interpersonal Skills

73%

Participants reported they are better at telling others about their feelings (63/86)

86%

Participants reported they are better able to work with others on a team (59/69)