



*Annual*  
**REPORT**  
**2023**



*Kneehill Regional Family and Community Support Services (FCSS) is a partnership between the Government of Alberta and the six participating municipalities of Acme, Carbon, Linden, Three Hills, Trochu and Kneehill County. The intent of this partnership is to promote and enhance the well-being of individuals, families, and communities throughout the Kneehill area.*



### **Staff and Board Members at the 25th Anniversary Open House**

Kneehill Regional FCSS marked its 25th anniversary in 2023! Throughout the past 25 years, there have been numerous adjustments in how Kneehill Regional FCSS delivers services, however the strong regional partnership committed to shaping the local preventive social support landscape and strengthening area residents and communities has not changed.

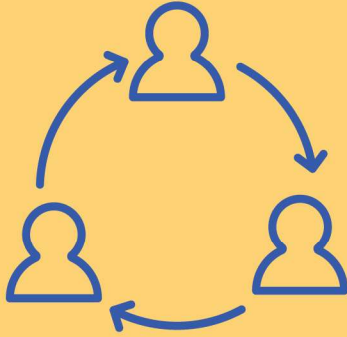
Our anniversary festivities highlighted the significant community support that Kneehill Regional FCSS receives for its efforts across the six municipalities. Alongside marking this milestone, we revealed a fresh logo. The new logo symbolizes our focus on working in partnership, by showcasing chevrons that together form a cog, illustrating how essential others are in the work we do.

In 2023, the Alberta Government raised its share of Kneehill Regional FCSS funding, a move that was well received by the Board as provincial funding over the past six years had not changed. This increase did not affect the municipal requisition, as the six participating municipalities have voluntarily contributed beyond the mandatory 80/20 split since 2006 to assist local residents.

The volunteers, community partners and social programming staff continue to be the backbone of Kneehill Regional FCSS. Their support, commitment and passion have a positive impact on the social well-being of individuals, families, and our communities. We look forward to all we can accomplish together as Kneehill Regional FCSS looks towards our next milestone.

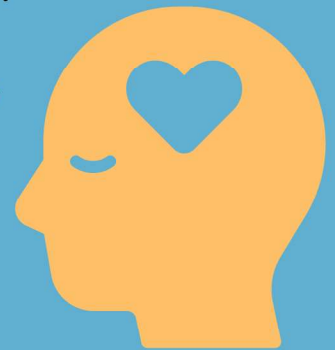


# TRENDS IN 2023



*There was an increase from 2022 in referrals made to Alberta Supports and local food, clothing, and furniture banks, as residents faced challenges meeting their basic needs.*

*Requests for counseling support were notable in 2023. For those who didn't qualify for the Kneehill Family and Marriage Counseling program, recommendations included Alberta Health Services Mental Health and Addictions, free online programs, subsidized counseling, and/or private counseling. Despite the difficulties residents faced in addressing emotional issues, it was encouraging to see them seeking help.*



*The Kneehill area experienced housing challenges as seen throughout Alberta, with many residents requesting housing referrals; limited options were available.*



## FINANCIAL OVERVIEW

Provincial  
\$362, 216.71



Municipal  
\$147,763.00



Reserves  
\$20,228.53



Additional  
Revenue/Donations  
\$12,557.36



# PROGRAM OVERVIEW

5222

*Individuals  
Benefitted  
from  
Programs*



121

*Volunteers*

3708.5

*Volunteer Hours*



*Volunteer Hours Valued at  
\$74,170.00*

# THE DIFFERENCE FCSS MAKES

## SUPPORTING INDIVIDUALS

- 92% of 431 respondents enhanced their resilience, self-esteem, competence, optimism, autonomy, meaning/purpose or capacity to meet their needs.
- 97.1 % of 208 respondents felt supported by staff or programs they participated in and enhanced their social connections.
- 91.1 % of 817 children and youth felt supported and developed interpersonal competencies.

### Family Wellness Program

2

Family Wellness Workers

6

Schools

108

ongoing clients

77

single session



Summer Camp



Kindness Campaign Finalists



Kneehill Community Coach Programs

### Individual Wellbeing Programs

3

programs

113

participants

### Community Volunteer Income Tax Program

334

Tax Returns

10

Volunteers

\$ 2,328,132.00

in credits, benefits and refunds for CVITP clients

### Child and Youth Programs

39

children and youth programs

340

participants

*Community Volunteer Income Tax Program, Stress Sessions, Just in Case, Benefits and Forms Support, Rainbows Summer Camp, Kneehill Community Coach Programs, Playschool SEL Sessions, Kindness Campaign, Fountain of Health, Minds in Motion, Seniors Resource Bags for CVITP Clients, Kneehill Family Wellness Workers, Seniors Outreach*

# SUPPORTING FAMILIES

- 91.5 % of 82 caregivers reported improved family communication and parenting skills.



Trochu Men, Kids and Mayhem



Tools for School Volunteers

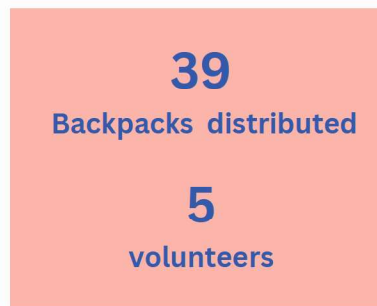


Linden Men, Kids and Mayhem

## Kneehill Family and Marriage Counselling



## Tools for School



## Parent Education Programs



Trochu Family Fun Fair

*Triple P FearLess, Triple P Transitions, True Parenting, Tools for School, Men, Kids and Mayhem, Family Fun Fair, Kneehill Family and Marriage Counselling*

# SUPPORTING COMMUNITY

- 99 % of 104 respondents felt connected to community resources.
- 100 % of 75 agencies reported feeling more informed, having stronger relationships with other agencies, leading to better serving Kneehill area residents.



**Red Rose Campaign**

**180**  
Kneehill Community  
Services Directories  
distributed

**306**  
referrals made to  
outside resources



**2023 Volunteer Nomination  
Finalists**



**Community Volunteer  
Income Tax Program  
Volunteer**

**81**  
agencies gathered to  
share information and  
supports to best serve  
area residents (Kneehill  
Interagency and  
Kneehill Child and Youth  
Working Group)



**Christmas Care  
Packages**



**Volunteer Forum**

**1089**  
attended a resource fair  
to create awareness of  
services and supports  
available

**32**  
Volunteer Kneehill  
Nominations  
were received



**Trochu Community  
Discovery Night**

*Kneehill Interagency, Community Discovery Nights (Three Hills, Trochu, Carbon, Acme and Linden), Rural Mental Health, Volunteer Week, Volunteer Nominations, Volunteer Kneehill, Volunteer Newsletter, Volunteer Forum, Kneehill Community Services Directory, Information/Referral, Dementia Friendly Communities, Community Connection and Collaboration, Kneehill Child and Youth Working Group, Family Violence Awareness*



# **KNEEHILL REGIONAL FCSS BOARD AND STAFF**

*Kneehill Regional FCSS is made up of one (1) councillor from each our participating municipalities.*

## **BOARD MEMBERS**

***Kenneth King*** - Kneehill County (Chairperson)  
***Sonia Ens*** - Village of Linden (Vice Chairperson)  
***Jason Bates*** - Village of Acme  
***Jaime Martel*** - Town of Trochu  
***Trina Anderson*** - Village of Carbon  
***Marilyn Sept*** - Town of Three Hills

## **STAFF**

***Shelley Jackson-Berry*** - Director  
***Angie Stewart*** - Program Coordinator  
***Yvonne Wilson*** - Family Wellness Worker  
(Three Hills and Carbon)  
***Kaylee Schultz/Keara McGhee*** - Family Wellness Workers  
(Acme, Linden and Trochu)  
***Michaela Clark*** - Community Support Coach  
***Rochelle Christie*** - Community Volunteer Income Tax Program  
Coordinator  
***Marsha Klassen*** - Program Assistant

## **CONTACT US**

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